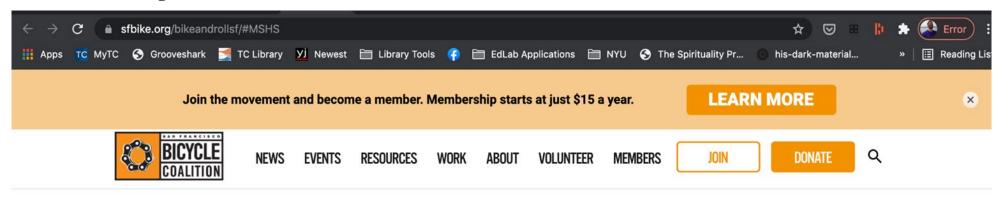
# San Francisco Bicycle Coalition

## **SF Bicycle Coalition**





## **SF Bicycle Coalition**



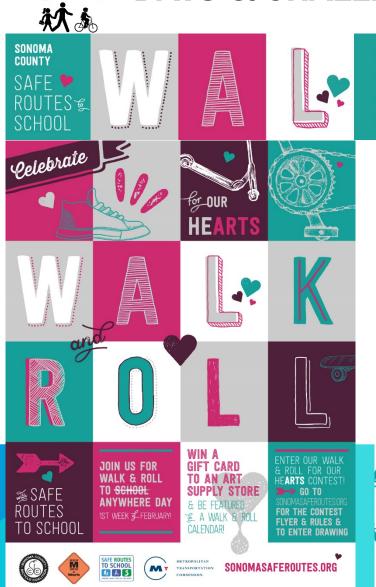
# **SF Bicycle Coalition**



# Bike Sonoma



## **MONTHLY THEMED WALK & ROLL TO "ANYWHERE"** DAYS & CHALLENGES (OCTOBER 2020-MAY 2021)













DRAW A PICTURE DEMONSTRATING WHY YOU LOVE WALKING AND/OR ROLLING. YOUR PICTURE SHOULD ILLUSTRATE HOW OR WHY IT IS FUN AND/OR HEALTHY FOR OUR HEARTS. MINDS. AND BODIES.

Winners will win a gift certificate to a local art supply store!

Winning Pictures will ALSO be made into an August 2021–2022 "I Love Walk & Roll" Wall Calendar!

SUBMIT ART BY FRIDAY, MARCH 5TH, 2021. PLEASE READ CONTEST RULES BEFORE SUBMITTING.

## **WALK & ROLL FOR OUR HEARTS CONTEST RULES:**

Eligibility: All Sonoma County K-8 Students

Theme(s): Illustrate how or why walking and rolling fun and/or healthy for the hearts, minds, and bodies of kids and/or families in Sonoma County. Optional: You may wish to choose a season for your illustration — Winter, Spring, Summer, or Fall

#### Submission Requirements

- Artwork must be 8.5x11, and must be landscape orientation.
- · All mediums welcome; drawing, painting, mixed media, digital illustration, etc. If utilizing mixed media/collage elements, no more than 20% of collage material may be from newspapers, magazines, books, or other material pre-printed with text or designs (such as scrapbook
- Submit a high-resolution scanned copy in JPG or .PDF format to saferoutes@bikesonoma.org, OR mail to Safe Routes to School, Sonoma County Bicycle Coalition, PO Box 3088, Santa Rosa CA 95402-3088
- · Include your name, school, grade level, and homeroom teacher, and a way to contact you (phone or email)
- · All entries must be received by Friday, March 5, 2021

- · Creativity and Originality
- · Clarity of Art's Message in communicating the theme
- · Quality of & Effort put into illustration
- · Representation of diversity and inclusivity



Gift card to local art supply store

Selected winning pictures will be featured in 12-month, August 2021-22 "I Love Walk & Roll Wall Calendar. Calendars will be printed and distributed to the winners, principals of winning schools, and to every teacher with a

winning student in the challenge. If chosen as a winner, Safe Routes to School must be able to contact you. and may need to collect original artwork.

Send any questions to saferoutes@bikesonoma.org.











## VIRTUAL SCHOOL-BASED LESSONS

Synchronous "Live" Zoom classes and/or webinars and quizzes for 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & Middle School Students, during school day.

Asynchronous Videos & Quizzes for 2<sup>nd</sup>, 4<sup>th</sup>, 5th, Middle School Students, and Families. New Education Portal website to securely access video courses



## Virtual & In-PERSON COMMUNITY/FAMILY EDUCATION







INTRO TO FAMILY BICYCLING ROUTE PLANNING WORKSHOP



BICYCLING STREET SKILLS FOR PARENTS
BASIC BICYCLE MAINTENANCE

MORE INFO & REG: bikesonoma.org/family-bike-workshops

## FAMILY BICYCLING LESSONS

## [IN PERSON, ON–BIKE LESSON SERIES]

- Learn to Ride a Bike for Kids
- Bicycle Skill Building Kids Only
- Family Bicycling 1: Bicycle Skill Building for Parents and Kids
- Family Bicycling 2: Instructional Neighborhood Ride for Parents & Kids
- Teen Independent Bicycling Workshop

## FRIDAYS, 3-4:30pm, Finley Park, Santa Rosa

For dates, rates & registration, visit santarosarec.com









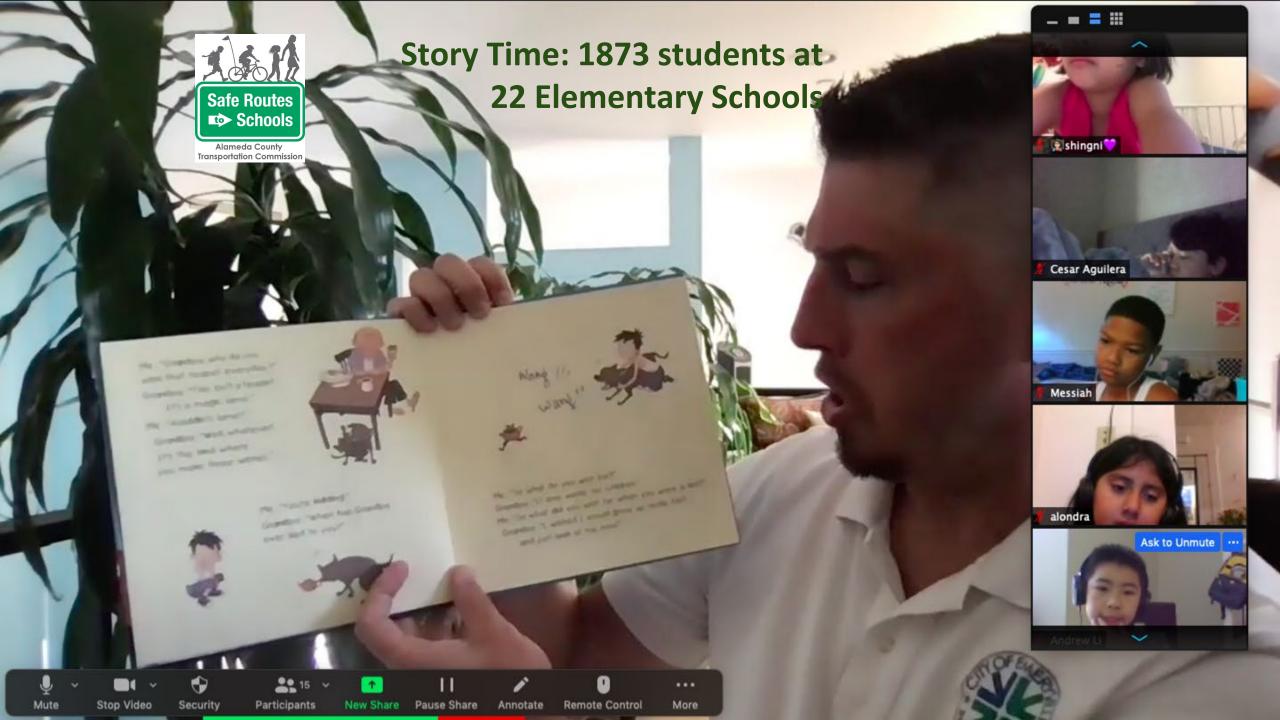






# Alameda County Safe Routes to School





In celebration of Bike Month in May, over 2,000 students from 58 schools participated in the first ever Bike to the Moon Week. Together, we traveled over 1 million Moon Miles – to the moon and back again!











# San Jose Safe Routes to School



City of San José

## TRANSPORTATION

Your Government » Departments & Offices » Transportation » Safety »

## WALK N' ROLL



### WHAT IS WALK N' ROLL?

Walk n' Roll is a program designed to increase the number of kids who walk and bike to school. We teach safe walking and biking skills, like crossing streets and why we use bike helmets. We also support events like Walk n' Roll Days, so kids can use those safety skills. Parents and caregivers can get involved, too – not sure how?Our Walk n' Roll staff is here to help you so you can energize your school's Walk n' Roll program! Email us at walknroll@sanjoseca.gov, if you want to bring Walk n' Roll to your school.

#### WALK N' ROLL UPDATES

Keep up with Walk n' Roll! See below for monthly newsletters and other occasional updates:

- May 2021 Walk n' Roll newsletter
- April 2021 Walk n' Roll newsletter

#### WHY WALK N' ROLL?

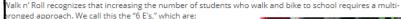
Years ago, almost 50 percent of kids living within two miles of their school walked or biked. Today, fewer than 10 percent of our children travel to school by foot or by pedal. We aim to increase walking and biking among our youth by using low- and no-cost strategies. Some of these strategies include guided walking groups, safety education, and designated "Walk n' Roll" days. These strategies can help kids develop healthy transportation behaviors for life.



### WHAT ARE THE BENEFITS?

- Physical health: The <u>CDC recommends</u> that children ages six to 17 get at least an hour of physical activity daily.
- Academic performance: <u>Math and reading skills</u> have shown to be the most improved academic skills for children who get regular exercise.
- Mental health: The American Psychological Association (APA) found that <u>children who get daily exercise have lower levels of stress and depression</u>.
- Sense of community: You could wave to neighbors, stop for a
  quick chat, and see your neighborhood in a way that you might
  not notice while driving. Additionally, the presence of more people
  out and about reduces crime and blight.
- Air quality: If you commit to walk to and from school for the entire school year, you can save almost 200 pounds of carbon dioxide emissions. Imagine how much better our air would be if thousands of students followed this example!





- Equity: Address the needs and concerns of marginalized communities. We do this by bringing residents into the discussion and treating them as partners in planning.
- Evaluation: Work with parents, school staff, and community members to understand the challenge and measure success.
- Engineering: Incorporate pedestrian and bicyclist safety into street design.
- Education: Teach children how to walk and bike safely. We can teach safety through presentations and hands-on skillbuilding exercises.
- Encouragement: Fun activities designed to motivate children to try walking and biking to school.
- Enforcement: Deter unsafe behaviors by drivers, pedestrians and bicyclists.

#### WHO LEADS THE PROGRAM?

Each of the 250+ schools in San José has a unique community. So, each school leads their own program with as much support and guidance from the City of San José's Walk n' Roll staff as needed.



Either school principals, teachers, or parent volunteers lead their schools' Walk n' Roll programs. It's our goal to make the program as effortless as possible for schools and their families.

## HOW CAN I BRING WALK N' ROLL TO MY SCHOOL?

We're glad you asked! We're happy to help parents, teachers, school administrators and students start Walk n' Roll programs at their schools. Please reach out to us by email at walknroll@sanjoseca.gov.

# WALK n' R@LL

City of San José

## Boletín Walk n' Roll San José





### RUBY BRIDGES: CAMINAR AL COLEGIO CON VALOR

En 1960, Ruby Bridges iba a pie a la escuela para asistir a sus clases como cualquier otro estudiante. Lo que hacía que su camino fuera diferente al de los demás era que estaba pavimentado con las agresiones de los curiosos, que no estaban de acuerdo con la idea de las escuelas desegregadas. A pesar del fin legal de la segregación en las escuelas públicas que supuso la sentencia del Tribunal Supremo de EE. UU. en el caso Brown v. Board of Education, las personas seguían aferrándose a sus prejuicios. Ruby Bridges, que asistía a una escuela que hasta entonces había sido solo para blancos, se enfrentaba a la hostilidad de los demás y seguía caminando hacia la escuela. Ruby Bridges trazaría un camino que impulsaría el movimiento por los derechos civiles y se destacaría como representante del valor.

San José Walk n' Roll conmemora su viaje y la historia del movimiento por los derechos civiles mediante actividades a pie. Animamos a todos los estudiantes a caminar por sus barrios y a unir a la comunidad. Recuerde participar en la Semana Walk n' Roll del 22 al 26 de febrero y marque las actividades que haya completado aquí. j La escuela con el mayor porcentaje de participantes y la escuela con más actividades recibirá premios nara todos los estudiantes l

### CONSEJO DE SEGURIDAD



Ajuste su casco de bicicleta para que esté nivelado v se aiuste a la cabeza, v siempre abroche la correa de la barbilla. Para saber cómo ajustar el casco, consulte la guía de Salud Pública del Condado en Inglé Español y Vietnamita.

## CONSEJO DE SEGURIDAD



cruce siempre por un paso de peatones o una esquina y recuerde (1) detenerse en el bordillo. (2) mirar a la izquierda, a la derecha a la izquierda de nuevo para ver si hay vehículos o bicicletas, y (3) escuchar los vehículos y las sirenas de emergencia. Los vehículos de emergencia tienen el derecho de paso cuando la sirena está encendida, así que espere en el dillo basta que havan pasado

## SUMMER READING BOOKLIST

\*All included books can be found on San Jose Public Library website at https://www.sipl.org/

















## ART GOALS FOR WALK N' ROLL

We always want you to encourage you to Walk n' Roll whenever you can and wherever you are! We look forward to hearing about how you walked and rolled during the summer.

If you are looking for a creative outlet or just need an activity, we

encourage you all to create and submit any artistic pieces to walknroll@sanjoseca.gov throughout the Summer! You can share with us how you walked and rolled, any ideas you have on what an ideal route to the park or school is, your favorite mode of transportation, how your family and you stay active- just some ideas to get you started. Your art can reflect how staying active and healthy is good for yourself, for our environment, and our community.

We would love to display your creativity in our upcoming newsletters - so be on the lookout for that!

JUNE 2021

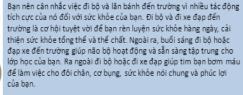
Contact us: WalknRoll@sanjoseca.gov

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## WALK N ROLL TÁC ĐÔNG ĐỀN SỰC KHỔE











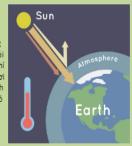
Đi bô và lăn bánh rất tốt cho môi trường! Các phương tiên giao thông thải ra nhiều loại chất ô nhiễm không khí, dẫn đến các hạt bui, muôi, khói, và chất bẩn. Chon đi bộ và đạp xe đến trường thay vì lái xe sẽ làm giảm các chất ô nhiễm gần khu vực trường học, cung cấp không khí sach và lành manh để hít thở khi ban đi bô và đi xe đạp đến trường. Cả đi bô và đạp xe đều là những hình thức tập thể dục tuyết vời để đốt cháy calo và giúp ban giảm cân. Bắt đầu đi bô và đi xe đạp đến trường ngay hôm nay! Đó là một cách tuyệt vời để giảm căng

thẳng, trò chuyên với ban bè, và tân hưởng không gian ngoài trời.



## HƠI GA NHÀ KÍNH (GHG)

Hơi ga nhà kính (GHG-Greenhouse gases) là khí trong bầu khí quyển của Trái đất có tác dụng giữ nhiệt. Chúng cho phép ánh sáng mặt trời đi qua bầu khí quyển, nhưng chúng ngăn không cho nhiệt mà ánh sáng mặt trời mang lại ra khỏi bầu khí quyển. Hơi ga nhà kính (GHG) chính là hơi nước, khí cacbonic, mêtan, ôzôn, ôxít nitơ, và chlorofluorocarbon. Hơi ga nhà kính lấy tên của chúng từ các nhà kính. Một nhà kính đầy các cửa số đón ánh sáng mặt trời. Ánh sáng mặt trời đó tao ra sư ấm áp. Bí quyết lớn của nhà kính là nó không để hơi ấm thoát ra ngoài. Đó chính xác là cách hoạt đông của GHG. Chúng để ánh sáng mặt trời đi qua bầu khí quyển, nhưng chúng ngặn không cho nhiệt mà ánh sáng mặt trời



mang lại ra khỏi bầu khí quyển. Nếu không có bất kỳ hơi ga nhà kính (GHG) nào, hành tinh của chúng ta sẽ quá lạnh và sự sống như chúng ta biết sẽ không tồn tại. Nhưng có thể có quá nhiều hơi ga nhà kính (GHG). Trên thực tế, nhiều nhà khoa học lọ ngại rằng các hoạt động của con người đang bổ sung quá nhiều loại khí này vào bầu khí quyển. Ban có thể giúp giảm lương GHG sản sinh bằng cách đi bô hoặc đi xe đạp nhiều hơn để đi đến những nơi ban cần đến, bằng cách giảm lương rác ban vớt đi và cũng bằng cách tìm cách tái sử dụng mọi thứ thay vì vớt bỏ chúng.

## KHẢ NĂNG DI ĐÔNG VI MÔ VÀ TƯ TƯỞNG VỀ AN TOÀN



# Solano County Safe Routes to School

# SR2S MICRO GRANT PROGRAM

Cycle 2



In November 2019, the Safe Routes to School (SR2S) Program launched a SR2S Micro-Grant Pilot Program to support small-scale projects or capital purchases that makes biking and walking near Solano County schools safer and easier.

Fourteen projects totalling \$78,000 were awarded for schools in the cities of Benicia, Dixon, Rio Vista, Vacaville, and Vallejo.

Funding for the Pilot Program was provided by Transportation Development Act (TDA) article 3 Funds, Clean Air Funds, and HOV Fines.

## Apply: solanosr2s.ca.gov

Questions:
Karin Bloesch
SR2S Sr. Program Coordinator
(707) 399-3217
kbloesch@sta.ca.gov

## SR2S Micro Grant Cycle 2 Timeline

Application Period Opens: June 1, 2021
Application Deadline: July 15, 2021 at 5:00pm
Awardees Announced: September 15, 2021

Project Completion: Within one year of grant award

The following agencies and organizations are eligible to apply for funding for small-scale infrastructure projects or capitol purchases to support safe, active transportation to and from school, address safety around schools, or encourage an increase in walking and biking to school.

- · Solano County schools and school districts
- · School organizations (clubs, PTA/PTOs)
- City departments
- · Community-based organizations (CBOs)

Schools eligible for funding: K-12, public, private and charter schools located within Solano County.

School and Community Based Organizations must be registered 501c3, and able to provide W-9 for payment.

Schools or school organizations should participate in the SR2S program currently or be willing to engage in SR2S programming to increase walking and biking.

## Funding

\$100,000 in available (TDA Article 3 funds)

Maximum funding request \$30,000 per applicant (Infrastructure and Non-Infrastructure application combined):

- \$30,000 maximum Infrastructure projects application
- \$5,000 maximum Non-Infrastructure projects application
- · Grant award may be less than amount requested

## Grant Criteria (Projects over \$600)

Demonstrate need for the project and how this grant will help meet the funding need.

The application should demonstrate stakeholder outreach and partnerships for project completion (social media outreach for use of project after completion, notification to school impacted by project, notification to City for impact or right-of-way needs). Letters of Support by partners (school district facilities department, school administratration, or city public works department) to demonstrate outreach and support of proposed project, should accompany application.

The project should be **implemented/completed within one year** of grant award. The application description should demonstrate plans to meet the timeline.

Awardees will be required to provide an executed funding agreement within 30 days of award announcement.

## **Grant Criteria** (Incentives or Equipment Projects under \$600)

## Schools are required to

- · Currently be participating in the SR2S Program.
- Show outreach to appropriate school district department for project completion/installation (letter of acknowledgment or support for project).
- Show proof of purchase and use within one year of the grant award.
- Provide one-page final report upon project completion with photographs of equipment purchased or completed project.

## Schools are not required to

- Demonstrate funding need for projects less than \$600.
- Provide letters of support from additional stakeholders/partners not impacted by project.

## **Application Scoring**

Applications will be scored by a sub-committee of the Safe Routes to School Advisory Committee.

Applications from Title I schools, schools with over 90% Free and Reduced Lunch eligibility, or projects that benefit underserved communities will receive additional scoring points.

Applications with additional letters of support from stakeholders or partners will score additional points.

## Additional Information

No matching funds are required; in-kind services for installation of capital improvements or infrastructure projects welcomed.

Applicants will provide a summary report after project completion/delivery to include project reach or impact on walking, biking and student safety.

Stakeholder outreach may include: letters of support from partner agencies; school departments or school administration demonstrating knowledge of the project and support; plans for outreach to parents or school organizations regarding implementation or use of project or equipment, or a plan for marketing outreach to increase public awareness of the project or initiative.

Applicants are eligible for one grant award per grant cycle.

Eligible list of items provided.

Ineligible Items: bicyles for individual use, food/refreshments, salaries, cameras, gift cards, stipends.

## Infrastructure Project Applications (maximum \$30,000):

Infrastructure project applications should include specific number of elements, locations, partners for project delivery, and timeline for construction.

Project applications to be constructed in the public right of way ie: crosswalks, rectangular rapid flashing beacons, stop signs, intersection improvements, signalization, radar rfedback signs must be accompanied by a letter of support from the city/county public works department that will deliver the project. The city/county may also help identify project timeline and cost.

Projects to be completed entirely within district/school property ie: bike/scooter racks, fencing, on site permanent signage, striping/painting for drop-off and pick-up plans, must include a letter of support from the district facilities department, and school site administrator and include any in-kind support for the project and timeline for installation.

## Non-Infrastructure Project Applications (maximum \$5,000):

Applications for removeable signage (drop-off and pick-up improvements), safety equipment, walking and biking program incentives for participants, etc. must include a letter of support from school site administration (if applicant is not site administrator).

Applications should include requested number of each incentive or equipment item. A fillable incentive and equipment request form is available on the SR2S website.

Applications should include a description of how the items will be used to address safety for students arriving/departing school, support existing walk and bike programs, or increase walking and biking.

## Eligible Grant Expenses

Additional items may be allowed upon request.

#### INCENTIVES:

Award Certificates Brochure printing for traffic plans or Walk/Bike Programs Curricula (Traffic Safety/Bike Safety) LED Bike Liahts Pedestrian Safety Reflector Lights Pedometers Pencils/Stickers Punch Cards/Holders Reflective Zipper Pulls T-Shirts

### EQUIPMENT:

Water Bottles

A-Frame Signs (customizable) Bicycle Repair Kits Bike Locks Bike Helmets Hand-Held Stop Paddles/Signs Rain Gear Removeable Crosswalk Ped Crossing Signs (requires City Public Works approval for use) Safety Cones Safety Vests

## INFRASTRUCTURE PROJECT EQUIPMENT:

Bike Lane Paint Bike/Scooter Racks Bike Parking Fencing Improved Lane Striping Rectangular Rapid Flashing Beacons Radar Feedback Signs School Zone Signage Stop Signs (Installed)









## **SR2S MICRO GRANT PROGRAM**

Frequently Asked Questions



## Who may apply?

- Solano County schools and school districts (this includes K-12 public, private and charter schools)
- School organizations (clubs, PTA/PTOs)
- · City departments
- Community-based organizations (CBOs)

## How much funding is available?

\$100,000 from Transportation Development Article 3 funds \$30,000 is the maximum request for Infrastructure Projects (installation or construction) \$5,000 is the maximum request for Non-Infrastructure Projects (incentive and safety equipment purchases)

## How are the project awards determined?

A sub-committee of the Safe Routes to School Advisory Committee (SR2S-AC), scores the grant applications and presents a list of preliminary award determinations to the SR2S-AC for recommendation. The list is then sent to the Solano Transportation Authority's Technical Advisory Committee (TAC), comprised of public works directors for each city and the county. The TAC reviews the recommendation list for approval and then forwards a funding recommendation to the STA Board for final award.

## When will I know if my project has been selected?

Project awards will be determined at the September 8, 2021 STA Board meeting. Applicants will be contacted by September 13, 2021 with final award determination.

## Is there a time limit to complete the project?

Yes. The goal of the SR2S Micro Grant Program is to fund small-scale easily-implemented projects that will be completed within one year of the grant award.

## Questions:

Karin Bloesch, SR2S Sr. Program Coordinator 

## Are letters of support a requirement for the application?

While letters of support and stakeholder outreach are taken into account while scoring, a letter is not required for some applications - see Grant Information online.

A Letter of Support <u>must accompany</u> an application in the following circumstances to ensure project completion should funding be awarded:

- Applicant is requesting funding for a project and is not the project delivery agency (public works, district facilities dept., etc.)
- Project is in the public right of way (street, crosswalk, sidewalk) and applicant is not the city public works dept.
- Project is for installation/construction on school grounds (bike or scooter racks, permanent signage, etc.) and the applicant is not the facilities or construction dept.

## I need a letter of support for my application, who do I contact?

If you are unsure who to contact for a letter of support, Karin Bloesch, Sr. Program Coordinator (707-399-3217 or kbloesch@sta.ca.gov) can provide the best contact depending on the proposed project. The SR2S Program regularly partners with city and school district staff on projects.

Outreach to the appropriate project delivery partners will help ensure the proper funding amount requested and the completion of the project should it be awarded funding.

## Is there a funding agreement if my project is awarded?

Yes. If the project is awarded funding or incentives/equipment, a funding agreement will be included in the award announcement, and must be signed and returned within 30 days of award announcement and prior to the start of the project. A sample agreement can be found on the Micro Grant page at solanosr2s.ca.gov.

## If my project is awarded, do I purchase the items?

If the project is for construction or installation by a school district or city, often the project delivery agency will complete the project then invoice the SR2S Program for reimbursement. This can be determined at the time of award announcement.

For incentives/safety equipment and smaller project awards, the SR2S Micro Grant may purchase the items directly and deliver to the school or organization. It is important to provide a listing of specific items and quantity requested within the grant application. If a school or organization prefers to purchase the items awarded within the grant, they may work with SR2S staff for reimbursement.





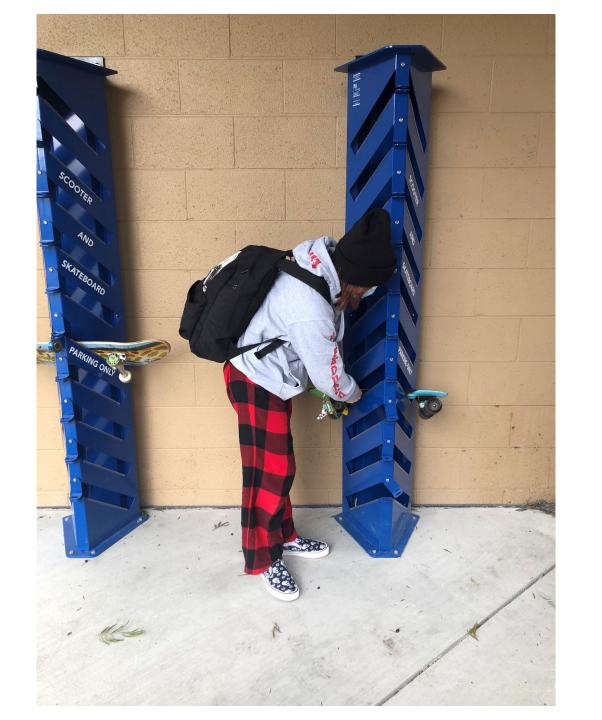












# Marin County Safe Routes to School



**Chalk N Walk** 



Contest with Selfies (Covid Contest- crossing the street "Beatles Style")



Street closure allowing for physical distancing



## Bike 2 School Day (returns) (Marin Cheering team)

Grade 3: Pedestrian and Bike Safety



Grade 3: Pedestrian & Bike Safety - (subtítulos en español)



Grades 4, 5: Bike Traffic Safety



Grades 4, 5: Bike Traffic Safety - (subtítulos en español)

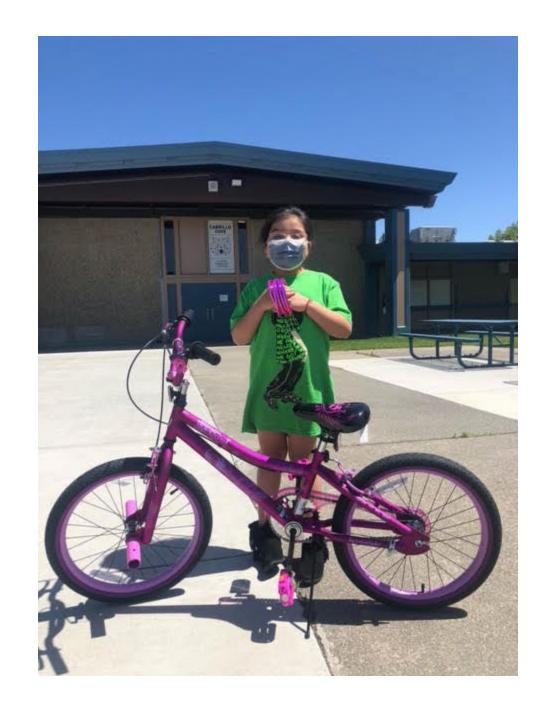


Recorded education (including Spanish subtitles and drone footage of bike rodeo)



# Bike Rodeo returns in March/April

# BikeMobile





# Palo Alta Safe Routes to School

## Palo Alto SRTS

Guidelines Bike Repair Education Adaptive Cycling Ruby Bridges MIKE

