



Spare the Air Youth

TECHNICAL ADVISORY MEETING

December 10, 2020



*Spare the Air Youth
is a Climate
Initiatives Program*



AGENDA



1. MTC Announcements
2. Welcome and Updates
3. Updates from the Regional Working Groups
4. Break (5 min)
5. Discussion: Defining Success of Remote Engagement

High School Working Group Meeting scheduled for December 16 at 10AM
Topic: Youth engagement in plan development and implementation



Spare the Air Youth
is a Climate
Initiatives Program



MTC ANNOUNCEMENTS



*Spare the Air Youth
is a Climate
Initiatives Program*



MTC ANNOUNCEMENTS



- **ATP Update**
- Karl Anderson, MTC Transportation Planner
- **Blue Ribbon Task Force / Return to Transit**
- Ursula Vogler, Principal, MTC Public Engagement
- **Election Results Recap**
- Rebecca Long, MTC Government Relations Manager



*Spare the Air Youth
is a Climate
Initiatives Program*





WELCOME AND UPDATES



*Spare the Air Youth
is a Climate
Initiatives Program*



INTRODUCTIONS



- Zoom Chat Introductions
Please share your name, organization, title, pronouns & favorite winter / holiday movie
- Zoom Polls
 - How did you/your program encourage active transportation in your community this fall?
 - What is the status of school reopening in your community?



Spare the Air Youth
is a Climate
Initiatives Program



2020 HS GRANT AWARDEES



Bay Region	County Served	Grantee
Central	Contra Costa	Bike Concord / Bike East Bay
	Alameda	Cycles of Change
	San Francisco	San Francisco Transit Riders
North	Sonoma	Daily Acts
	Marin	Marin County Bicycle Coalition
	Napa	Napa County Bicycle Coalition
	Solano	Safe Moves
South	San Mateo	Peninsula Family YMCA
	Santa Clara	San Jose California Walks



Spare the Air Youth
is a Climate
Initiatives Program



STAY VIDEO RESOURCES



- Video Storyboarding Training
 - Hosted by Mark Jones, MTC Videographer
 - Save the Date for Friday, January 15 at 11 am
- “Fair-Use” Guidance
- Video Production Tools Training
 - Details coming soon!



*Spare the Air Youth
is a Climate
Initiatives Program*



BIKEMOBILE UPDATES



Spare the Air Youth
is a Climate
Initiatives Program



UPDATES FROM REGIONAL WORKING GROUPS



*Spare the Air Youth
is a Climate
Initiatives Program*

REGIONAL WORKING GROUPS

- Slow Streets and Engineering Improvements
- Walk and Roll to School 2020
- Data Collection and Evaluation
- Grants and Funding Support
- Virtual Education Strategies

sparetheairyouth.org/about/regional-working-groups



STRETCH BREAK!

WE'LL RESUME IN 5 MINUTES



DEFINING SUCCESS OF REMOTE ENGAGEMENT

PRESENTERS:

- JENNIFER LEDET & STEPHANIE JIM, TRANSFORM/ALAMEDA COUNTY SAFE ROUTES TO SCHOOL
- GWEN FROH, MARIN COUNTY BICYCLE COALITION/MARIN COUNTY SAFE ROUTES TO SCHOOL
- ANN JASPER, CITY OF SAN JOSE
- ANA VASUDEO, SFMTA





Alameda County Safe Routes to Schools Effective Virtual Outreach & Engagement

Jennifer Ledet, Program Manager
Stephanie Jim, Program Manager

December 10, 2020



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



Beginning of the year outreach

- August - Virtual Back to School Meetings
 - Zoom
 - Listening sessions
 - Over 100 Back to School Meetings
- October - Virtual Task Force Meeting
 - Zoom
 - 8 Champion and 1 Youth Task Forces
 - 74 school champions attended



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



2020 International Walk and Roll to School Day

- October 19-23, 2020
- Encourage active transportation mode during distanced learning through prizes and school spirit
- 124 Schools Registered



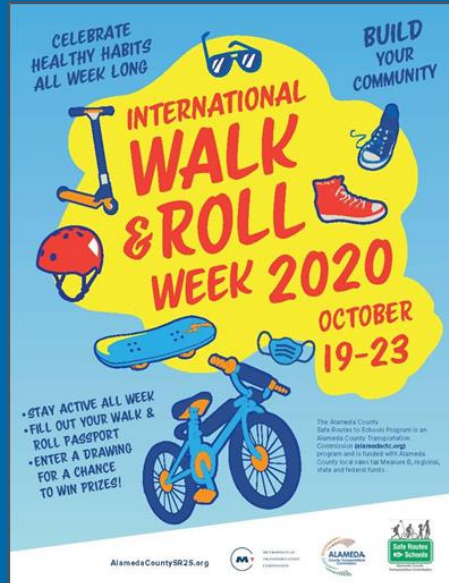
METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



International Walk and Roll Week Materials



Name: _____ School: _____
Grade: _____ Teacher: _____

PASSPORT

For every day that you take a walk, ride your bike, or use a scooter or skateboard, put a check mark in the box! For even more fun, get into the walk and roll spirit with daily themes!

To submit a paper version of this Passport, take a photo of this sheet and email to info@alamedacounty2s.org, or text the photo to 510-459-4137. To submit a virtual version of this Passport, email this page as a PDF file to info@alamedacounty2s.org. All submitted passports will be entered into a drawing for a scooter or a gift card!

	WALK	BIKE	SCOOT	SKATE	WHEELCHAIR PHYSICAL ACTIVITY
MONDAY Explore your neighborhood!					
TUESDAY Show off your skills and your walk or roll!					
WEDNESDAY Dress up or wear family characters. Have a dance!					
THURSDAY Put on your safety hat and take it for a spin!					
FRIDAY Be kind to the environment. Recycle those trees on your street!					

To connect with kids around Alameda County, you can post photos of you and your family walking and rolling online!

On Twitter, you can tag [@AlamedaCoSR2S](https://twitter.com/AlamedaCoSR2S) and use the hashtags [#WalkSchoolDay](https://twitter.com/hashtag/WalkSchoolDay) and [#WalkandRollWeek](https://twitter.com/hashtag/WalkandRollWeek). You can also share your photos on the Alameda County SR2S Facebook group here: [facebook.com/alamedaschools](https://www.facebook.com/alamedaschools)

The Alameda County Safe Routes to Schools Program is an Alameda County Transportation Commission (alamedactc.org) program and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



International Walk and Roll Week Participation



Leitch 2nd grader participates by rolling around town

I rarely win events like this.... Happy that I had won [and I] celebrated with a small dance and victory lap around my house. As of right now I plan on using the gift card to either buy a football or a jump rope and If I have anything left over I will buy [my friend] something as an early Christmas gift because if it wasn't for her then I wouldn't know about this event.

- McClymonds High Student (Oakland)

"Thanks for having this great alternative to the one day [event]. The kids LOVED the themes each day."

- 2nd Grade Teacher
(Fremont)



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



Online Presentations During Distance Learning



- Live Online-Classroom Programming
 - 70 classes completed
- Active Transportation activities for families on SR2S Website



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



2020-21 Big Events

- Alternative to Coca for Carpools
(for High School students)
- Golden Sneaker Contest
- Bike to School Day



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



Adapted Encouragement Activities



- Monthly Walk & Roll to Schools Days shifted to Monthly Wellness Walks
- Monthly Pen Pals Activity



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org



Thank you!

Questions? Comments?

Jennifer Ledet: jledet@alamedacountysr2s.org
Stephanie Jim: sjim@alamedacountysr2s.org

It feels amazing! Like I flew into space.

- Piedmont Elementary Student



METROPOLITAN
TRANSPORTATION
COMMISSION

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local sales tax Measure B, regional, state and federal funds.

alamedacountysr2s.org

Marin Safe Routes to Schools

Safe Return to Schools during Covid



Goals

- *To Promote the Health and Safety of Children*
- *To Reduce Demand for Driving to Schools*
- *Promote Equity in How the Roadway is managed*



Form a Traffic Committee



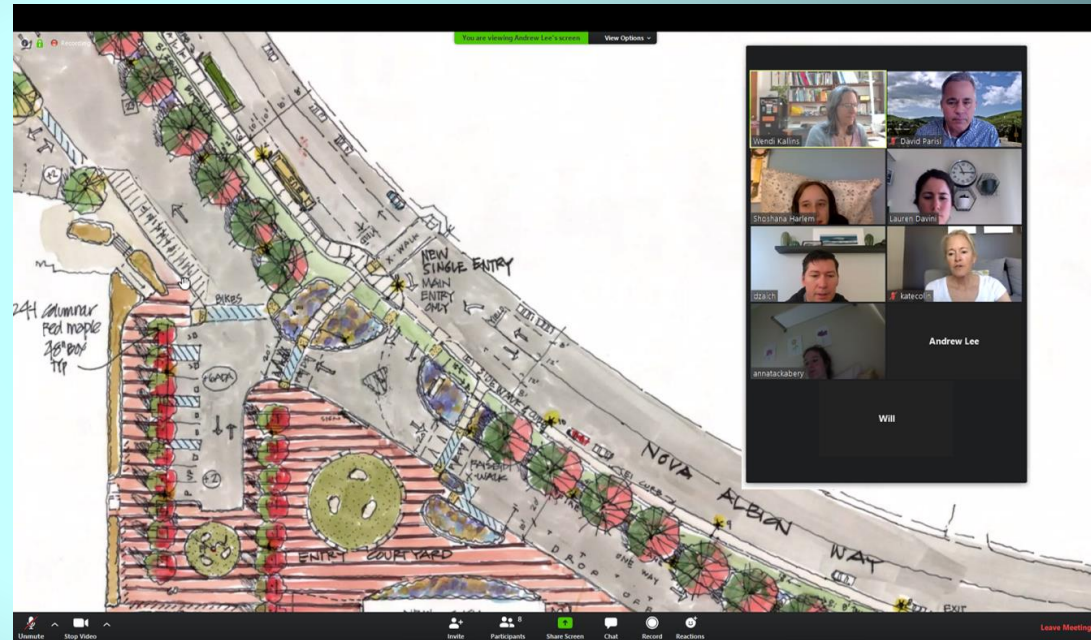
- *Identify Park and Walk locations*
- *Recommend temporary/pop up infrastructure*



Traffic Committee



- *Parents and neighbors, students*
- *School and City staff*
- *Elected officials*



Tools to Consider



Street Adaptations	On-Campus	Social
Sidewalk extension	Bike parking	Ped Pods
Bike and roll lanes	Social distancing signs and markings	Park and Walk
Slow Streets		Education
One Way traffic flow		Encouragement

Sidewalk Extensions/Bike Lanes



- *Convert curbside parking or travel lane*
- *For bikes: **Multi-lane streets** with wide lanes and high bicycle demand*
- *For Pedestrians: Good for streets with **narrow or missing sidewalks***



One Way Traffic Flow



- *Good for streets leading directly into schools*



School Streets/Slow Streets



- *Close streets at key entry points to create a shared-street with **low vehicle volumes and speeds***



Pop Up Considerations



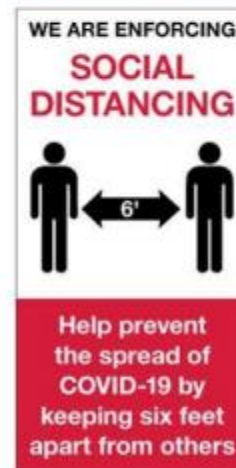
- *Traffic Separation*
- *Forgiving Infrastructure*
- *Predictability*
- *Network approach*



On Campus



- *Multiple entrances*
- *Create temporary bike racks*
- *Signs, pavement markings*

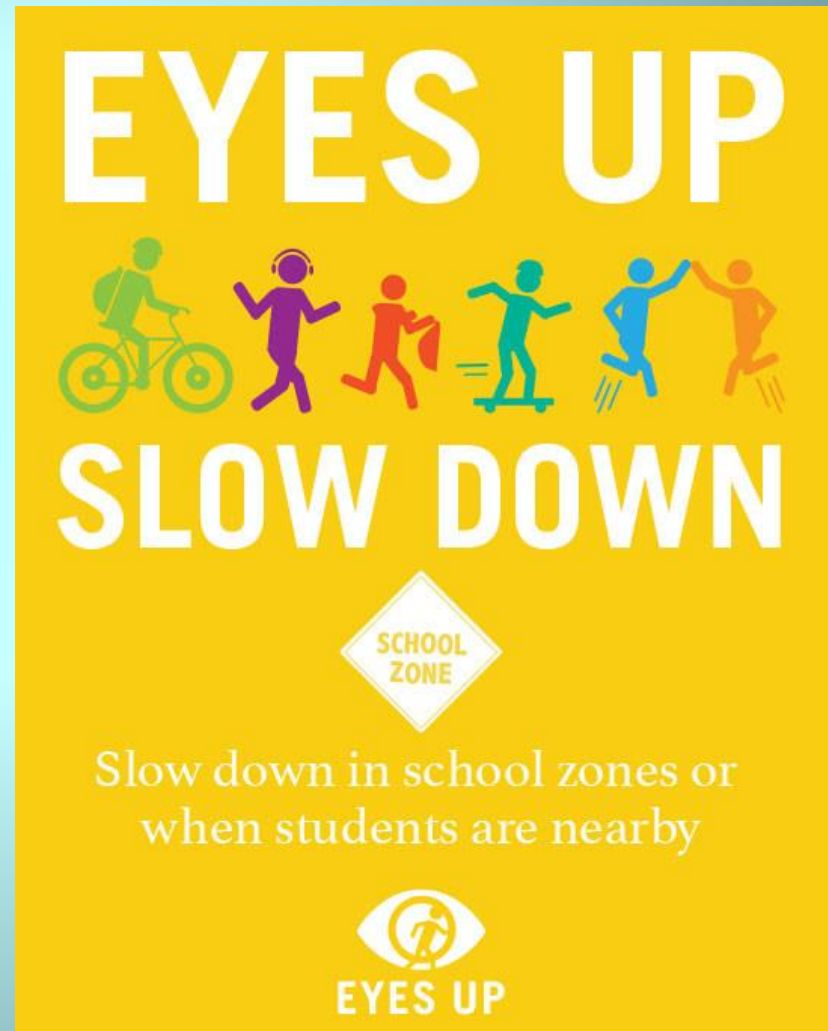


Education Programs



- *Eyes Up* – a social media and signage campaign

**EYES UP
PHONE
DOWN**



Park and Walk



Park and Walk (scoot or bike)

- Reduce traffic and kid congestion upon arrival
- Lets kids be kids – gets the wiggles out prior to classroom
- Develops Habits - create happy memories of families walking hand in hand



Park and Walk



- *Identify locations*
- *Some ideal locations*
- *Get permission in writing*
- *Create a map to distribute to parents*

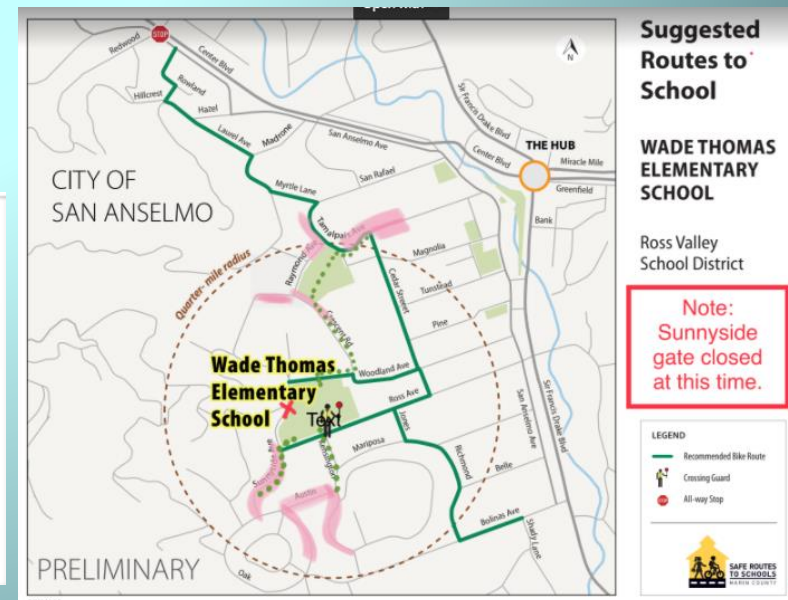


Park and Walk



Plan, Promote and Celebrate

- Map Recommended Routes to School
- Pledge Drive – Get Commitment
- Chalk N Walk



Park and Walk Promotion



Chalk N Walk

Motivational & Safety Messaging



Park and Walk Promotion



Chalk N Walk



Safe Routes Encouragement Programs



- *Monthly Contests*
- *Park N Walk Pledge*
- *Outreach:*
 - *PE Staff*
 - *Principals*
 - *Volunteers*
 - *Partnering Orgs.*



Colección de Actividades Decembrinas
Con cada actividad puedes participar en la rifa de un certificado de Sports Basement por \$25 (máximo 8 oportunidades)

Nombre: _____ Grado: _____
Escuela: _____ Contacto: _____

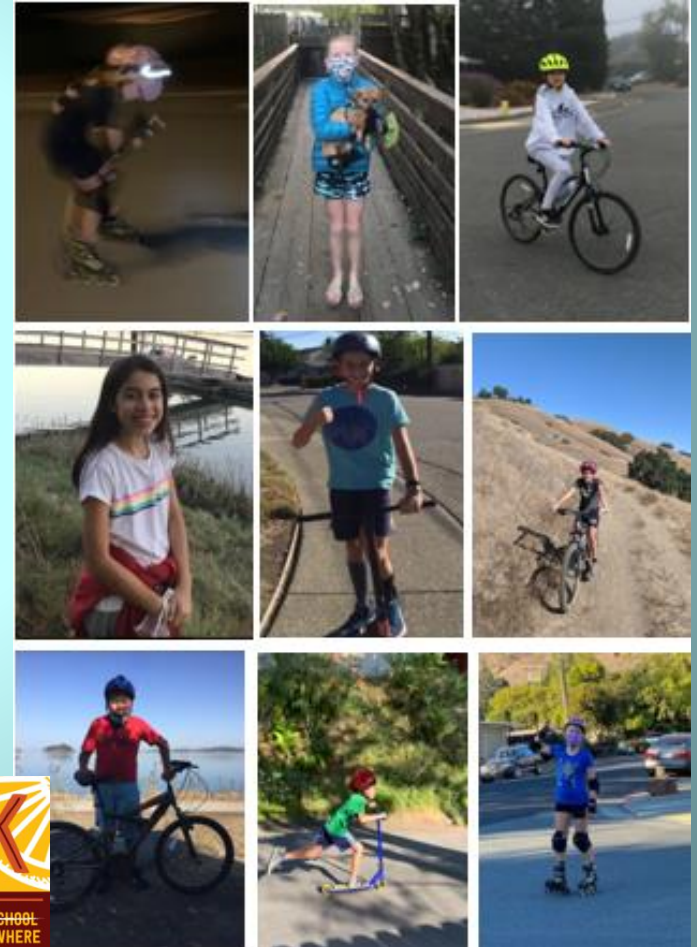
 Salta de Alegria 30 Veces Fecha: _____	 Galopa como un Caballo a lo largo de tu cuadra. Fecha: _____
 Salta Lazo 200 Veces Fecha: _____	 Ve en Bicicleta o Patineta a la Escuela Fecha: _____
 Repasa un balón alrededor de tu Casa Ocas Veces. Fecha: _____	 Corre hasta que Sudes Fecha: _____

Bono: Gánalo, Recíbelo o Escríbelo y Gánalo a tu escuela por otra oportunidad de ganar un premio. (La escuela no está obligada a escribir tu nombre en la escuela durante la semana o en el fin de semana para participar en la rifa de otro certificado por \$25. Fecha: _____
Envía una foto de esta forma a SafeRoutes@marininfo.org o por texto al (415) 602-3144 antes del 21 de diciembre.

Safe Routes *Encouragement Programs*



- *Teen Program*



Safe Routes *Education Programs*



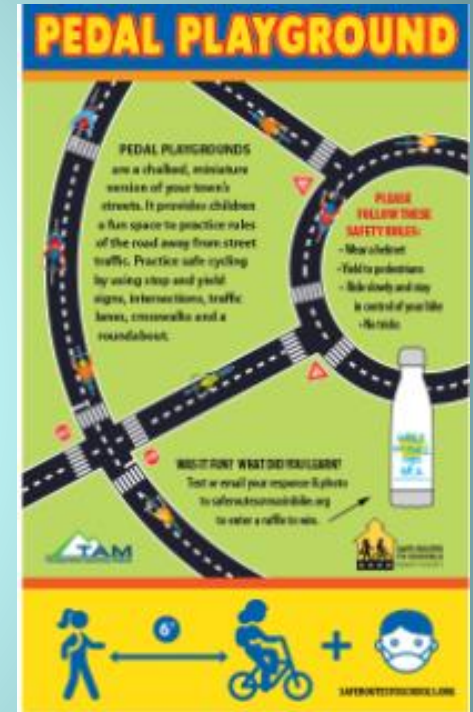
- *Remote – Pre-recorded*
- *Virtual, On-line Live*
- *Pedal Playground*
- *Savvy Family Cycling*
- *Bike Week Contest*



Safe Routes Education Programs



- *On-line Live Classes*
- *Pedal Playgrounds*



THANK YOU!



Wendi Kallins

Program Coordinator

Wendi@multimobile.org

Gwen Froh

Program Director

Gwen@Marinbike.org

Saferoutestoschools.org

WALK n' ROLL
City of San José

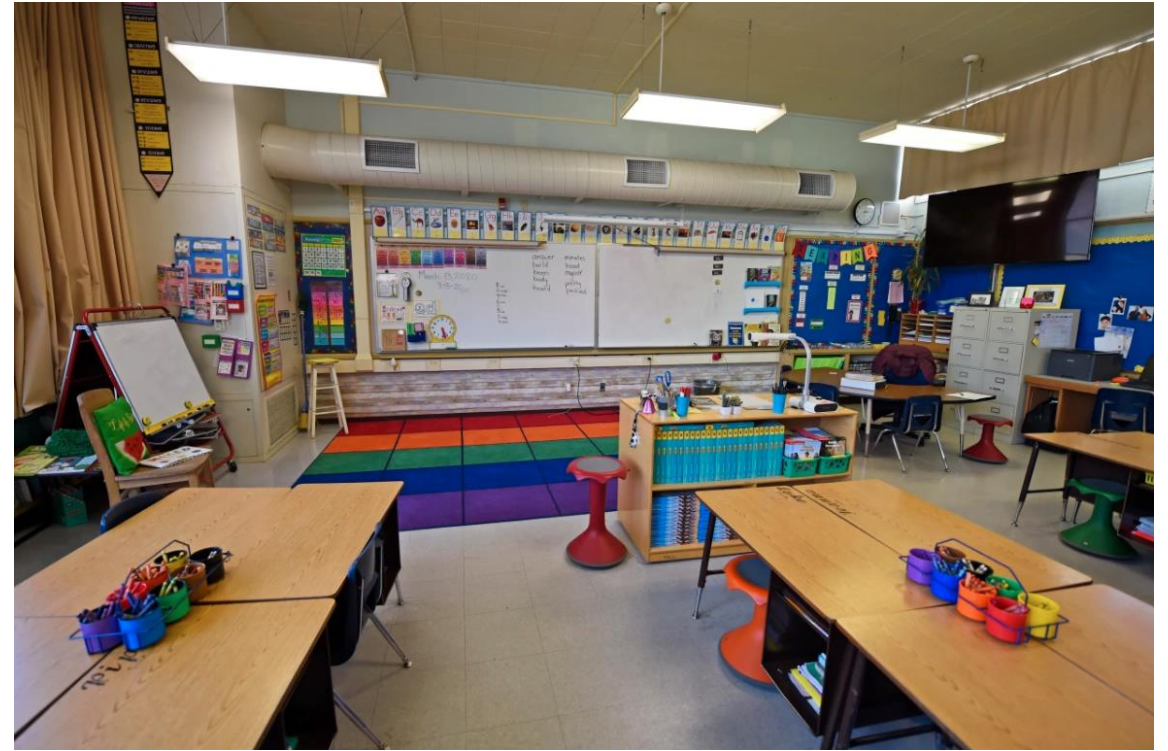


The Mercury News

NEWS • EDUCATION • News

Coronavirus likely to keep California schools shuttered for rest of academic year

State superintendent urges local officials to double down on distance learning efforts



SAFE ROUTES TO ... ?

Safe Routes to School Listserv Covid-19 Resources

A

Safe Routes to School Listserv Covid-19 Resources

Welcome! This landing page can help you navigate this database and contribute to it.

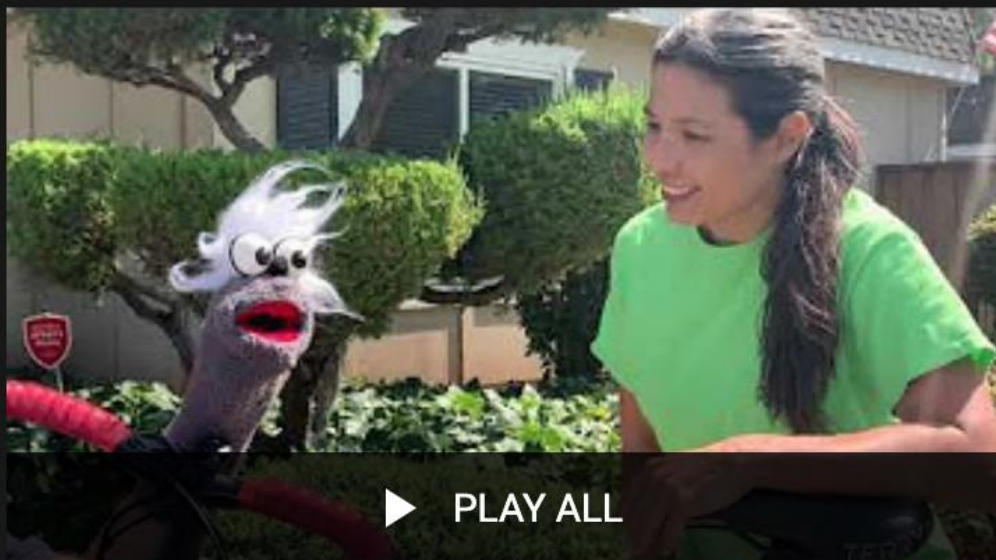
TO USE: Browse the tabs at the bottom that are organized by topic. Click the left and right arrows to the right of the tabs to see more tabs.

TO CONTRIBUTE: Add content to the second tab, called "ADD RESOURCES HERE!" Please fill out as many of the columns as you are able to. This is the only tab that is editable, so please put content here, not in the topic specific tabs. Staff from Safe Routes Partnership will then organize resources into tabs by topic.

- We locked the other sheets from editing to prevent accidental deletion.
- If you have suggestions for additional tabs/revisions to tabs, please share them in the tab called "ADD RESOURCES HERE!"
- If you would like to help sort content into relevant topics, please email info@saferoutespartnership.org -- we welcome help!

TO SHARE: You can share this resource with others at <https://tinyurl.com/SRTScovid19>

Type (brochure, fact sheet, poster, video, curriculum, etc.)	Resource name	Description	Audience (K-6, middle school, high school, parents)	Available languages	Program or organization producing material	URL or order information
Curriculum	Ped and Bike Curriculum	The overall goal of the Let's Go NC! curriculum is to develop walking and biking skills that will help them achieve an active and healthy lifestyle into adulthood.	kindergarten and first grade, second and third grade, and fourth and fifth grade	English	NCDOT Let's Go! NC	https://www.ncdot.gov/initiative/s-policies/safetylets-go-nc/Pages/default.aspx
Guide	Teaching Children to Walk Safely Shape America Curriculum	Guidance for parents and caregivers to teach their children (ages 4+) safe walking behavior	Parents and caregivers	English	National Center for SRTS	http://guide.saferoutesinfo.org/graduated_walking/overview_for_parents_and_caregivers.cfm



City of San José Walk 'n' Roll

1



ABC Quick Check

San José Department of Transportation

2



Stop, Look, Listen!

San José Department of Transportation

PARA, MIRA, Y ESCUCHA

¿CIERTO O FALSO?

- | | | |
|---|---|---|
| 1) Si no hay tráfico, puedo cruzar la calle por donde quiera. | C | F |
| 2) Para en la acera antes de mirar a ambos lados. | C | F |
| 3) Los autos pueden cruzar la acera para entrar en una entrada. | C | F |

¡HORA DE LOS CUENTOS!

¿Dónde está tu lugar favorito para caminar, y por qué?

DIBUJA UN CRUCE DE PEATONES EN TU VECINDARIO O CERCA DE LA ESCUELA.

It's fun to walk to school, around our neighborhood, and to the park!

Remember to follow these safety tips.

STOP

STOP at the curb. Check for traffic from the curb, not when you're in the street.

LOOK

LOOK both ways. This means look left, right, and left again. If you're at an intersection, also look behind and in front of you.

LISTEN

LISTEN for traffic and emergency sirens. Never cross the street in front of a fire truck, ambulance or police car when you hear their sirens.

STAY ALERT

When you're walking, pay attention to your surroundings. Put your phone down, keep your eyes up and your ears free of headphones.

CROSSING THE STREET

Always use crosswalks to get across the street - never cross outside of crosswalks, even if it seems easier or faster than walking to the crosswalk. The goal is to get where you're going safely!

CROSSING DRIVEWAYS

If you see a car in the driveway and you see that its lights are on, or you hear the engine, or see someone in the driver's seat, don't cross the driveway until you make eye contact with the driver and they know you are crossing the driveway behind the car.

KIỂM TRA NHANH ABC

A

"A" là cho chữ Air (Hơi):

Đành thời gian để kiểm tra lốp xe của bạn trước mỗi lần đi xe. Vào từng lốp xe để kiểm tra áp suất hơi. Nếu lốp không cứng, bạn nên bơm đến mức khuyến nghị. Thông tin này được in trên mặt bên cạnh của lốp xe (ví dụ: "40-60 PSI"). Bạn cũng nên kiểm tra lốp xe xem có vết cắt lớn nào không.



"B" là cho chữ Brake (Phanh):

Đừng đợi cho đến khi bạn cần đến nó mới biết được là hệ thống phanh của bạn không có tác dụng! Đảm bảo rằng phanh xe sẽ dừng xe lại bằng cách quay bánh sau và bóp vào cần phanh. Nếu bạn có phanh tay, hãy kiểm tra phanh phía trước và phía sau lần lượt bằng cách nâng từng lốp lên sau đó bóp cần để đảm bảo phanh dừng bánh xe. Các má phanh phải sạch, thẳng và chạm vào vành kim loại - không phải vào lốp.



"C" là cho chữ "Chain" (Xích) và "Cranks" (Trục bàn đạp):

Nắm lấy trục bàn đạp và thử lắc từ bên này qua bên kia. Sẽ phải là không có chuyển động. Quay bàn đạp và trục bàn đạp để xem xích có dẫn động bánh sau hay không. Xích phải trông giống như kim loại, không được rỉ sét hoặc bẩn. Đảm bảo rằng xích không bị lỏng - nó có thể rơi ra khi đang đi xe.



"Nhanh" đề cập đến việc Nhả Nhanh:

Một số xe đạp có bộ phận nhả nhanh trên bánh xe hoặc trụ ghế. Kiểm tra để đảm bảo chúng được xiết chặt và đóng đúng cách. Cần phải hướng về phía sau của xe đạp để chúng không vướng vào bất cứ thứ gì và vô tình nhả bánh xe ra.

KIỂM



"Kiểm tra" xe Đạp của bạn:

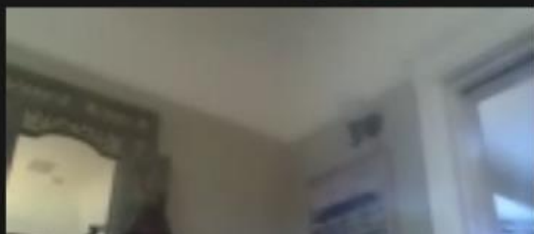
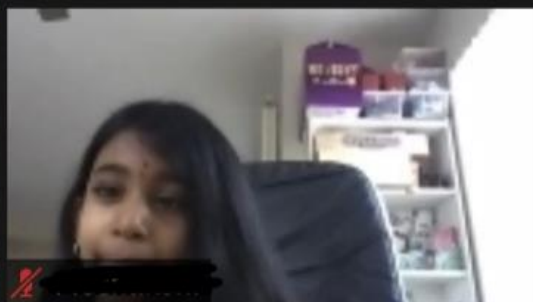
Phần cuối cùng của việc Kiểm tra nhanh ABC là kiểm tra toàn bộ chiếc xe đạp của bạn. Kiểm tra xe đạp để xem các bộ phận có bị lỏng hoặc bị hỏng hay không. Xiết chặt, sửa hoặc thay chúng trước khi bạn đi xe. Hãy đi thử nhanh một vòng để đảm bảo mọi thứ hoạt động thích hợp. Chú ý kỹ hơn đến xe đạp của bạn trong khi đi vài đoạn đường phố đầu tiên.



RIDING YOUR BIKE? WEAR YOUR HELMET!

"ZOOMING" INTO CLASSROOMS

INTERNAL USE ONLY - NOT FOR PUBLIC USE



USE YOUR HEAD WEAR A HELMET

Getting the Fit Just Right

Bicycling is a fun and healthy way to get around. Before you roll, safety should be your goal!

Wearing a helmet reduces head injuries when riding a bicycle, scooter, skateboard or skates. California law requires anyone under the age of 18 to wear a properly fitted and fastened helmet when doing the above activities. Everyone, including parents, should wear a helmet for every ride. **MAKE IT A HABIT!**

A helmet needs to fit properly to be effective at reducing head injuries in a crash. Follow the four easy steps for the right fit: **SNUG. EYES. EARS. MOUTH.**



SNUG

- Adjust the tension mechanism at the back of the helmet or replace the pad inserts, if available, until the helmet fits snugly around your head.
- If you cannot get a snug fit around your head, your helmet won't protect you in a crash. You may need to purchase a different size helmet and consider one with a tension adjuster.



EYES

- Place your helmet level on your head so you are able to see the helmet rim when you look up.
- There should be no more than two finger-widths between your eyebrows and the rim of the helmet.



MOUTH

- Adjust the chinstrap so that no more than two fingers fit between the strap and your chin while fastened.
- While snug, you should still be able to open your mouth comfortably while fastened.



EARS

- Adjust the straps so they make a "Y" that meets just below your ears.



CHOOSING THE RIGHT HELMET

Below are suggestions for choosing the right type of helmet for popular activities:



Bike Helmet

- Bicycling
- Scootering
- Skating



Multi-Sport Helmet

- Skateboarding
- Scootering
- Skating

TIPS

- Replace your helmet if it has been in a crash or if it is older than 4 years.
- Never buy a used helmet.
- When it's time for a new helmet, bring your child to choose the right style and fit.
- Look for the Consumer Product Safety Commission (CPSC) certification sticker.
- Remove your hat before putting on your helmet.

Now that you know how to properly fit a helmet, wear it on every ride, follow the rules of the road, and have FUN!



Funding for this project is made possible by Santa Clara Valley Transportation Authority (VTA) through the Metropolitan Transportation Commission (MTC).

This Week in School Your Child Learned...



How to walk safely near traffic

- WALKERS** are people who walk.
- TRAFFIC** is cars and trucks in the road.
- SIDEWALKS** are safe places to walk.
- ALWAYS WALK WITH AN ADULT.** Older siblings may also be acceptable, but only if they are responsible and have permission from a parent.
- FACE THE TRAFFIC** if there are no sidewalks. Walk on the left side of the street.
- STOP AT DRIVEWAYS** to check for cars.
- PRACTICE SAFE BEHAVIOR** when walking near traffic. This means no pushing, running, or shoving.
- DRESS TO BE SEEN** by wearing bright-colored clothing and reflective materials. Use a flashlight when it is dark.

WALK n' ROLL
City of San José

WALK TO WHEREVER CHALLENGE

October 19-30

Complete any **3 activities** from the **Activity Sheet** and tell your teacher

Your name will be entered in a drawing for a prize (one per grade at your school)!

Share a pic from your walk or activity, and tag **#iWalkSanJose**

WALK n' ROLL
City of San José

CITY OF
SAN JOSE
CAPITAL OF SILICON VALLEY



1. Upstairs, Downstairs: How many times can you walk up/down the stairs?

2. Tightrope: Make a long line on the floor with tape/string. Can you walk the line with balance?



3. Waddle Walk: Try walking like penguins and ducks.

4. Cleanup Caper: See how fast you can put away your toys, the dishes, or schoolwork.



5. Dance Party: Play your favorite song and dance!

INDOOR

WALK TO WHEREVER CHALLENGE ACTIVITY SHEET

Do **3 activities** and tell your teacher which ones you did.
You might win a prize!

OUTDOOR

Share a pic from your activity, and tag **#iWalkSanJose**

1. Alphabet Scavenger Hunt: Find objects starting with each letter of the alphabet.

Aa



2. What's That Sound? How many sounds can you identify?

3. Walkabout! Walk around your neighborhood.



4. Natural Impressions: Trace leaves, rocks and flowers onto paper.

5. That's My Sign! How many street signs can you find, and what do they mean?



WALK n' ROLL
City of San José

CITY OF
SAN JOSE
CAPITAL OF SILICON VALLEY



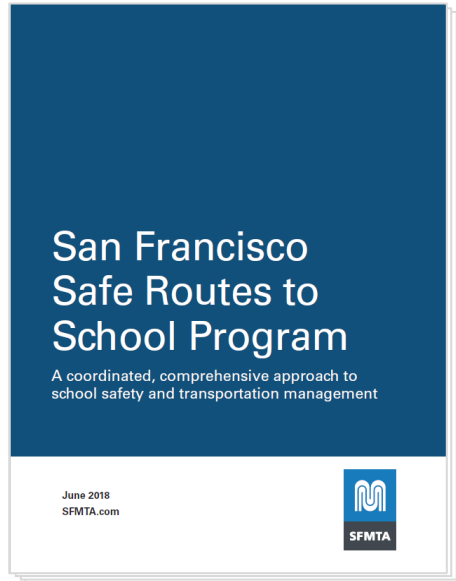
Virtual Education with the San Francisco Safe Routes to School Partnership



Ana Vasudeo, Safe Routes to School Coordinator at the SFMTA



Who we are: Government and Nonprofit Partners working hand in hand





Bike & Roll Art Contest, May 2020



About 50 entries from across SF, at all grade levels (elementary through high school)





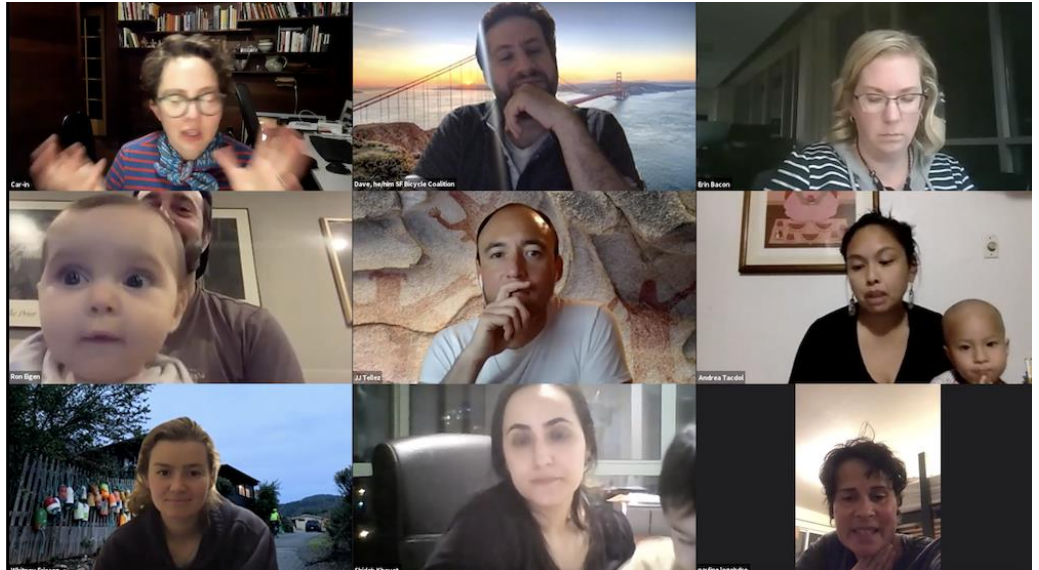
Biking with Children webinar

Three presentations

- May
- August
- November

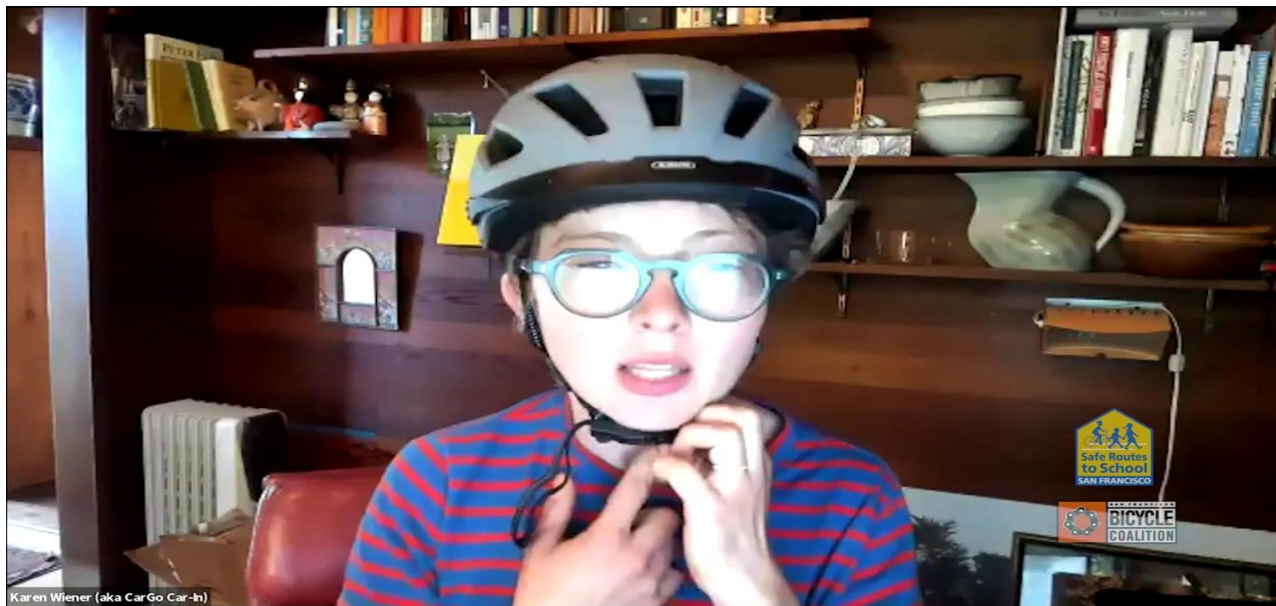
343 people registered

168 families attended





Biking with Children webinar





Virtual Walk and Roll

- Classroom Book Giveaway
 - Engaged with 65 teacher champions
 - 24 classes won over 600 books
- Student Engagement
 - 93 passport submissions
 - 154 photos submitted
- Art Contest
 - Featured on Walk & Roll 2021 promotion

Walk & Roll Week

October 26-30, 2020 **PASSPORT**

Let's celebrate getting around in people-powered ways, like walking, biking, and scooting! Join students across San Francisco in completing all the Walk & Roll passport activities.

MONDAY
Transportation Exploration

Count how many people are walking and rolling in your neighborhood:

☐ on foot ☐ bike ☐ skates ☐ scooter ☐ wheelchair

TUESDAY
Spread Joy

Pick one way to brighten someone's day!

☐ sing a song ☐ shout a hello ☐ create cheery chalk art

thank an essential worker _____ (your idea)

WEDNESDAY
Spot the Stop

Signs, lights, and paint help make streets safe. How many can you find?

☐ stop signs ☐ crosswalks ☐ school zone ☐ traffic lights

☐ bike lanes ☐ speed limit signs ☐ speed bumps

THURSDAY
Sounds and Smells

Quiet and loud... stinky and sweet... How many different sounds and smells can you identify?

Sounds: _____ Smells: _____

FRIDAY
Halloween Hellos

Put your Halloween costume on early, and count how many people wave back to you.

waves

Want to win a scooter, skateboard, or skates, plus a Walk & Roll safety kit?

1. Take photos of your Walk & Roll passport activities, or create art about walking and rolling.
2. Submit your art and photos at walksf.org/walkandroll. Each submission gets you an entry into our drawing (max of 5 entries per student). Three winners will be drawn on November 2.

Bonus: Your artwork and photos will be included in a citywide Walk & Roll online gallery, plus you'll help your classroom compete to win a set of books!







Questions?

- Ana Vasudeo: saferoutestoschool@sfmta.com



THANK YOU!



*Spare the Air Youth
is a Climate
Initiatives Program*

